

Familias Unidas Outpatient Services



Familias Unidas Outpatient Services is a licensed, CARF-accredited mental health clinic that provides culturally competent, integrated substance use, mental health, and primary care services, including Greater Boston's only Spanish-language Structured Outpatient Addictions Program (SOAP).

Services:

- Comprehensive Assessment
- Psychiatric Services, including Medication Evaluation and Management
- Medication-Assisted Treatment, including: Suboxone, Vivitrol, Naltrexone
- Structured Outpatient Addictions Program (SOAP)
- Primary Care
- HIV/HCV/STI Counseling and Testing
- Recovery Support Services, including Case Management, Peer Recovery Coaching, and a Community Support Program
- Individual, Family, and Group Psychotherapy, such as:
 - > DBT Skills
 - > Anger Management
 - > Parenting in Early Recovery
 - > Trauma and Recovery
 - > Grief and Bereavement
 - > Relapse Prevention
 - > Dual Diagnosis
 - > Dual Diagnosis for Court-Involved Individuals
 - > Medication Management
 - > Health and Peer Recovery Program

Our Commitment:

- Walk-in services
- All services available in Spanish and English
- Experienced clinicians work as a multidisciplinary team
- Confidentiality and mutual respect
- Welcoming environment
- Personalized treatment plan
- Clear communication about treatment and progress

Our Mission

Casa Esperanza, Inc. is a bilingual and bicultural behavioral health center that specializes in serving the Latino community in Massachusetts.

Our mission is to empower individuals and families to recover from addiction, trauma, mental illness and other chronic medical conditions; overcome homelessness; and achieve health and wellness through comprehensive, integrated care.

Familias Unidas Walk-In Hours are:

Monday to Friday 9:00 AM -12:00 PM
at 245 Eustis St. Roxbury, MA 02119

For referrals call or email
617-445-1123 ext. 300
familiasoutpatientintake@casaesperanza.org



The Enhanced Structured Outpatient Addictions Program (SOAP) is a day treatment program designed to address the needs of individuals with co-occurring substance use and mental health disorders. SOAP is for clients in early recovery who are at high risk for relapse and/or overdose and require a more intensive level of care than outpatient services or a step-down from inpatient services.

Led by our multidisciplinary team, the program is 3.5 hours per day, 5 days per week and includes:

- Individual, family and group psychotherapy and psycho-education
- Toxicology screening when clinically indicated
- Recovery support services, including intensive case management, care coordination and service linkage, and access to peer recovery supports
- Discharge, transition and aftercare planning and supports

Participants gain increased self-awareness, solid relapse prevention skills, a toolbox of coping strategies, and peer supports that will help them sustain recovery.



Casa Esperanza, Inc. recognizes the importance of promoting a holistic and integrated model of care, including addressing clients' comprehensive medical needs. Casa works in partnership with Boston Health Care for the Homeless Program (BHCHP) to provide integrated primary care services to clients enrolled in Familias Unidas through our collaborative CasaCare program.

Services are provided by a licensed Nurse, Nurse Practitioner, or Physician Assistant who is part of the Familias Unidas Multidisciplinary Team and collaborates actively with other disciplines to provide integrated care.

Familias Unidas works to address health disparities by providing integrated, culturally competent services that meet the needs of the whole person.

Empower Individuals

We help clients:

- Secure basic necessities
- Obtain health insurance
- Manage symptoms and medications
- Learn to manage multiple chronic conditions
- Learn healthy alternatives to unhealthy behaviors
- Improve nutrition and fitness
- Access educational and vocational training
- Attain employment and secure income
- Secure safe, affordable housing
- Address legal issues
- Access transportation and benefits

Integrate Healthcare

We help clients:

- Access all behavioral health and primary care in a single location
- Understand diagnoses and available treatments
- Coordinate individual and group therapy, psychiatry, primary care, and recovery support services
- Access suboxone, vivitrol, and naltrexone to manage cravings
- Track test results, referrals, and follow up
- Receive screenings for HIV, HCV, diabetes, and other chronic conditions
- Recover from relapses

Strengthen Communities

We help clients:

- Overcome isolation and gain support from friends, family, and peers
- Rebuild relationships through couples and family therapy
- Socialize in recovery through sober social activities
- Access family support groups
- Reunify with children
- Give back by planning and participating in community activities
- Make their voice heard by participating in Casa's Consumer Advisory Board
- Connect with peers through our Casa Smartphone Recovery App